

# THE REPORTER



The Unitarian Church of Harrisburg • October 2010 • Vol. 46, No. 2

Listening Assistance Devices available, see an usher for assistance. The building is handicap accessible. Child care for children under age six is available during both services. UCH is transitioning from summer to regular service times; please note below.

October Services		
<b>3</b>	9:30 & 11:00	at Clover Lane
<b>10</b>	9:30	at Clover Lane: Second Sunday Forum
	11:00	at 1508 Market Street
<b>17</b>	9:30 & 11:00	at Clover Lane
<b>24</b>	9:30 & 11:00	at Clover Lane: Caring For Each Other
<b>31</b>	9:30 & 11:00	at Clover Lane

## Second Sunday Forum

The October Second Sunday Forum, organized by the Humanism Lay Led Ministry, will be led by Gwen Gentile, MD. The topic is "Reproductive Rights." The forum will be at Clover Lane on Sunday, October 10 from 9:30 to 10:30, leaving time for those who wish to attend the Market Street service at 11:00.

Gwen Gentile was trained both as a general physician and as an Obs/gyn physician. She has practiced in India, Pakistan and the United States and has special interest in contraception and reproductive rights. She has lectured nationally and internationally on contraception and is currently involved in family planning services at multiple sites in central and northeast Pennsylvania. She brings a wealth of experience to our discussion of this sensitive and important social issue.

*Submitted by Peter Houts*



## President's Message

*Cathy Montes*

### The Annual Auction: A UCH Tradition

Here at UCH, an auction has been an important part of our church life for years. It began as an all-church social event, and then

evolved into an event that is both social and a significant fundraiser. The auction is back this year, but with a few new twists!

A unique quality of our auctions is that "items" often are personal services (such as dog-walking, house-sitting, or yard work) or events such as themed dinners and outings like canoe trips. One of my favorite auction items was a day trip led by Nels Johnson one May to Pennsylvania's old-growth forest. We saw some woodland wildflowers in bloom, were awed by the mighty hemlocks, and searched among the chestnut trees to see if maybe one might show signs of bearing fruit. That was years ago, but that trip stays with me. Nels led us to a deep appreciation for a place we would not otherwise have known about. And

*(Continued on page 3)*



## Associate Minister

The Rev. Suzanne Marsh

Well, the new church year has begun with a rush of activities, meetings and things to accomplish! As I begin my second year serving this congregation, I

thought I would take this month's column to let you know some things I am hoping to accomplish this year. As always, please feel free to contact me with your thoughts on my priorities, I am always looking for great ideas! Of course, I will be doing the things that ministers do: leading worship, teaching classes, caring for our congregants and participating in the various committees that make UCH hum. I will also be continuing my involvement in district activities and several outside social

*(Continued on page 4)*

## ↻ An End ↻

This issue of *The REPORTER* marks my 15th year as the Editor of the UCH newsletter. It has been my honor and joy to serve this wonderful community. I am only the third Editor of *The REPORTER* - Richard Folkers did it for something like 30 or 40 years! And Gary Froseth, who recently passed away, turned it over to me after several years at the helm.

And now it is time to step aside and let someone else take the reins. The December issue will be my last.

A new Editor is needed; I will help and train, if needed. MS Publisher is what I have been using, and would be preferable for Sandy Wilbern, our Church Administrator. Contact me or Sandy for more information or questions.

So, thank you, everyone, for your support, help and wonderful compliments!

*Della Hoke*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HALLOWEEN					1	2
3 <b>Service 9:30 &amp; 11:00 AM</b> at Clover Lane  Explore UCH after service	4 Adult Religious Growth & Learning: The Great Story 6:30 PM <b>Yoga 6:30 pm</b>  Adult RG&L: Encountering God 7 PM  Hellman <i>COUCH</i> 7 PM	5 Adult RG&L: The Book of Job 7 PM <b>Mindfulness Meditation Group 7 PM</b> Adult RG&L: Seeing with New Eyes 7 PM <b>FINANCE CMTE 7:30</b> <b>Helping Women in Prison 7:30</b>	6 <b>Queen Spirit POTLUCK &amp; CIRCLE 6 PM</b>  <b>Al-aNON 6 pm</b> <i>Community Cmte 7 pm</i>	7  Unisingers 7 pm	8	9 <b>Market Street Second Saturday Community Breakfast</b>  Families with Young Children 2nd Saturday Social 4:00 PM
10 <b>Forum at Clover Lane 9:30 AM ... Second Sunday in the City 11:00 AM</b> (1508 Market St) Phil & Lit Group 7:30 PM  <b>REPORTER deadline</b>	11 <b>Cmte on Ministry 6 PM</b>  Adult RG&L: The Great Story 6:30 PM <b>Yoga 6:30 pm</b>  Adult RG&L: Encountering God 7 PM	12  <b>MMG 7 PM</b>  Adult RG&L: The Book of Job 7 PM	13  <b>Al-aNON 6 pm</b>  <b>Board Mtg 7 PM at Clover Lane</b>	14  Unisingers 7 pm	15  <b>Coffeehouse 7:00 PM</b>	16
17 <b>Services 9:30 &amp; 11:00 AM</b> at Clover Lane  Explore UCH after services The Oliver Collective	18 Adult RG&L: The Great Story 6:30 PM <b>Yoga 6:30 pm</b> Adult RG&L: Encountering God 7 PM Hellman <i>COUCH</i> 7 PM	19  <b>MMG 7PM</b> Adult RG&L: The Book of Job 7 PM	20 <b>al-aNON 6 pm</b> <b>Clover Grove 7 pm</b> <i>Community Cmte 7 pm</i>  <b>Auction donation Submission deadline</b>	21  Unisingers 7 pm	22	23
24 <b>Services 9:30 &amp; 11:00 AM</b> at Clover Lane The Oliver Collective	25 Adult RG&L: The Great Story 6:30 PM <b>Yoga 6:30 pm</b>  Adult RG&L: Encountering God 7 PM	26  <b>MMG 7 PM</b> Adult RG&L: The Book of Job 7 PM  <i>Membership Action Council 7 pm</i>	27 <b>al-aNON 6 pm</b> <b>Harrisburg Humanists Presentation: The Problem of Knowledge 7 PM</b>	28  Unisingers 7 pm	29  <b>Bhante Sujatha Meditation Event 7PM</b>	30 <b>Market Street Last Saturday Community Breakfast</b>
31 <b>Services 9:30 &amp; 11:00 AM</b> at Clover Lane	OCTOBER 2010					



## President's Message

*Cathy Montes*

*(Continued from page 1)*

we got to share this joy with other UCH members and friends.

Experiences like this will be the heart of our November auction. Instead of focusing only on physical auction items, let's think of this auction as an exchange of our time and talent. I invite you to donate a service or experience based on your own talents and passions, or an item you have made or prepared yourself. Donations will be accepted until October 20. Stop by one of our auction tables during coffee hours in October to donate.

I also invite you to bid on others' time and talents. Open yourself to meet new friends and share with old friends, try something new and fun, or have someone else take care of something you just can't get to or aren't so good at.

This auction will be held over several weeks, similar to the way on-line auctions are open for several days or weeks at a time. By the beginning of November, you will receive a booklet describing all the auction items. Take some time to read the descriptions and highlight the ones you'd like to bid on. Then we will kick off the auction period at the UCH Coffee House on November 13 with previews of auction items. After services on November 14 and 21, you can bid on your favorite items in the silent auction. The auction will close on November 21, and we will announce the winning bids. Then, enjoy your winnings!

Our auction chair this year is Warren Hardman, one of our trustees and a veteran of past auctions. To sign up to donate and/or volunteer to help with the auction, contact Warren by e-mail at [deephought@paonline.com](mailto:deephought@paonline.com). Look for more information in the Weekly Updates by e-mail, mailings, and bulletin boards at both campuses.

## Important Auction Dates

- October 20** Deadline to submit donations of time and talent. Sign up at coffee hours after services in October.
- Early November** Receive the auction booklet. Mark your favorites!
- November 12** Kick-off the auction during the Clover Lane Coffee House
- November 14, 21** Silent auction: Bid on your favorite items after services during coffee hour
- November 21** Bidding ends. Winners announced.

To sign up to donate and/or volunteer to help with the auction, contact Warren Hardman by e-mail at [deephought@paonline.com](mailto:deephought@paonline.com). Look for more information in the Weekly Updates by e-mail, church mailings, and bulletin boards at both campuses.

*Submitted by Cathy Montes*

## Membership Action Council report

MAC has expanded! Beginning 2010-11, the MAC has accepted responsibility for coordinating our weekly dose of Radical Hospitality administered to all and sundry who attend UCH services at either location. This occurs in the form of scheduling ushers (aka Red Carpet CrUU), a "Welcome Host/Hostess" at the reception area, and a concierge for coffee and conversation. Hats off to Susi Mapp for serving as schedule master – and moving it online! UCH "hospitaliteers" can access the master schedule (and sign up), via Google Docs.



Please note that radical hospitality starts with YUU! Each Sunday, we have an average of 56.25 guests in attendance (their actual presence occurs in whole numbers only...), many of them for the first time. Please look for faces you don't recognize and make them welcome. Anyone interested in serving as usher, host/ess or concierge should contact Leta Beam.

We are also pleased to welcome Laura Burdette (photo) back to our congregation. A graduate of Lebanon Valley College, she has moved back to Harrisburg – and the UCH. Laura does marketing for the Baltimore Life Companies. She also works as a percussion instructor with two high school band programs, Biglerville and Lebanon Catholic, and teaches private lessons. She volunteers for the LGBT Community Center in Harrisburg. Laura enjoys reading, crocheting, and travel.

*Submitted by Leta Beam*

*Even if you are on the right track,  
you'll get run over if you just sit there.*

*Will Rogers*

The REPORTER  
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## Associate Minister

The Rev. Suzanne Marsh

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justice groups. Here are some of the initiatives I am going to focus on in the coming year:

1. Expansion of our lay pastoral care network. With a congregation this size, pastoral care is a joint effort of the Ministers and the congregation. We are lucky to have an ordained Interfaith Minister, Kathie Teeters, as a member of our congregation who is going to be working with me and other lay leaders on this project. Kathie is an experienced Chaplain with a great interest in and talent for pastoral care. Howard will be talking about pastoral care expectations in his sermon on October 3<sup>rd</sup>, and on October 24<sup>th</sup>, Kathie, Karen Sykes and I will be doing a service that will introduce our evolving vision of what the network would look like as well as how a robust lay pastoral care system makes a congregation stronger. There will be different types of ways to get involved at all levels of time commitment; you can contact Kathie or me for more information or to volunteer.
2. Our Market Street Campus – The intrepid group of volunteers that steer the Community breakfasts on the 2<sup>nd</sup> and last Saturdays of the month are continuing with that great work. If you can volunteer for this program, they can always use more hands! To volunteer contact Clay Lambert or Tom Conners. We are also exploring some options for justice programs to launch this year from Market Street. Among the projects under consideration and planning are as follows:
  - a. A computer lab for the folks in the neighborhood to use, primarily as a tool for employment searches. We have four donated computers and are currently exploring the wiring/electrical/internet options in various parts of the building.
  - b. A program to provide people in the neighborhood assistance with issues with their landlords, staffed by folks from UCH. We are looking for people to be on the Task Force to develop guidelines and training for this program.
  - c. The development of a clinic program to provide specific, badly needed medical care to the under-and-uninsured in the neighborhood.
  - d. Other programs will be considered, especially if they have enthusiastic volunteers that come with the ideas!
3. We have incorporated our new corporation, which will eventually be a 501(c)(3) corporation, “Gather the Spirit for Justice”, and will be filing the additional paperwork to secure its status as a federal and state tax exempt organization. Once we have this done, the UCH Grants committee will be applying for grants for our justice programs at Market Street. This committee will also be seeking opportunities for grants for physical improvements to Market Street, especially those that will make it a more accessible building.

These programs are just a few of the things we would eventually like to offer at the Market Street building, but we will need volunteers from UCH for all of them.

If you are interested in any of these projects, either as a planner, developer or volunteer once the project gets launched, please let me know! Our grants committee can also use good researchers, innovative thinkers and writers.

I am looking forward to the coming year and to the amazing work we will do together!

*Blessings,  
Suzanne*

## Nominating Committee 2010-2011

Our church bylaws require that we have a Nominating and Leadership Development Committee (NLDC) to nominate candidates for trustee positions. Last year’s NLDC did a super job determining desirable qualities of a trustee and identifying potential candidates. We had fine competition for all open positions.

While trustee elections are not until May, this committee starts early! I’m pleased to let you know that NLDC members for this church year are Tom Conners, Laura Edinger, Donna Hoskins-Helm, Andrea MacDonald, Joe Melillo, Rebecca Waldemar, and Christy Myers.

*Submitted by Cathy Montes*



## Buy Groceries, Raise Money for UCH

Did you know that Giant cards are by far our biggest sellers? But every bit counts! If you are grocery shopping and not using these gift cards, consider making the switch.

Participating in the Grocery Store Gift Card Fund Raiser is an easy way to help the church reach its financial goals. Giant gift cards earn 10% profit and Karns and Weis gift cards earn 5% profit.

Cards are mailed on the 1<sup>st</sup> and 15<sup>th</sup> of each month, along with an order form for you to place your next order and a postage-paid envelope to use for your payment and order form. Simply return your form at least seven days prior to the mailing date to receive your cards in the mail in time for your shopping. If you are a pledging friend or member, you do not need to pay in advance. Simply return your order form and payment when you receive your gift cards.

If you would like to start using grocery gift cards, or if you have questions about this fund raiser, call Anne Moore at 877-8576, or e-mail gift-card@harrisburguu.org.

*Submitted by Anne Moore*

# Religious Growth & Learning

## October Schedule

- 3** 9:30 & 11:00: Services & classes at Clover Lane. Middle Schoolers: Ethical Eating day at UU Church of Cumberland Valley and Dickinson Farm. No class at UCH for 6<sup>th</sup>-7<sup>th</sup> 8<sup>th</sup>
- 10** 9:30: Forum at Clover Lane, child care provided  
11:00: Multigenerational Service at Market St.  
☛ Congregational meeting following the service, child care provided
- 17** 9:30 & 11:00 Services & classes at Clover Lane
- 24** 9:30 & 11:00 Services & classes at Clover Lane
- 31** 9:30 & 11:00 Services & classes at Clover Lane

## Sunday Morning Children & Youth Groups

- 9:30**
- Nursery/Preschool
  - Pre-Kindergarten/Kindergarten  
Stories reflecting UU values and principles
  - First/Second/Third Grades  
Tapestry of Faith “Wonderful Welcome” followed by Picture Book of World Religions
- 11:00**
- Nursery/Preschool/ PK
  - Kindergarten/First/Second  
Tapestry of Faith: “Wonderful Welcome” followed by Picture Book of World Religions
  - Third/Fourth/Fifth Grades  
Tapestry of Faith: “Toolbox of Faith” followed by World of New Friends
  - Sixth/Seventh/Eighth Grades  
Coming of Age
  - Ninth–Twelfth High School Group  
Breaking the Rules or Popcorn Theology  
Movie discussions

Content focus information for each group is available in each classroom, at the RGL resource center by the lower level entrance and on the UCH web site.

To view Tapestry of Faith materials go to UUA.org, at the bottom of home page look for “Religious Education” and click on “Tapestry of Faith”, then click on “Children's Programs.”

*Submitted by Trish Brandon,  
Director of Religious Learning & Growth*

If our American way of life  
fails the child,  
it fails us all.  
  
Pearl S. Buck

## UCH Families with Young Children

A new Lay Led Ministry, UCH Families with Young Children, has formed and will be meeting monthly starting October 9, 2010. The group, for parents and their young kids, will convene at Clover Lane on the Second Saturday of each month from 4:00 to 7:00 pm for a pot luck dinner and a short discussion concerning parenting and spirituality. For more info, contact Pete Trufahnestock at [ptrufahnestock@verizon.net](mailto:ptrufahnestock@verizon.net) or 717-545-3996. We're also on Facebook!

*Submitted by Pete Trufahnestock*

## UCH Youth are “Breaking the Rules”

This fall UCH youth are participating in a program called “Breaking the Rules.” This program encourages youth to use their sacred voice to navigate the difficulties of being a youth today. Youth examine themselves as if they are companies, each with a mission statement, as well as unique strengths and weaknesses. As youth navigate through role plays, brainstorming, facilitated discussion, and an ongoing game of earning company stock, they will identify those self-imposed life rules that can and should be broken and replaced with more healthy options. By the end of the ten sessions, youth will be able to identify toxic elements in their lives and use a standard business approach to guide their lives to peace and happiness. There will be a few opportunities during the program for adults in the congregation to be involved. Stay tuned for ways that you can connect to the diverse and intriguing group known as the Young Religious Unitarian Universalists.

Due to the large size of this year's youth group, a second program option will run concurrently with “Breaking the Rules.” Popcorn Theology uses the viewing of popular movie segments as a leap-board for discussing UU principles and how they are lived out in the daily lives of youth. How cool that we have enough youth for two programs!

*Submitted by Wendy Shaver*



Many, many students in area schools do not have the school supplies and materials they need to engage in their studies. “Equipped to Learn” is an AARP “Create the Good” project which collects new and/or usable school supplies and materials and gives them to local students who might need them. Drop-off collection boxes are in the Community Rooms at

Clover Lane and Market Street. No books, please; they are subject to school review and approval policies. Sir Douglas (Dockey) is the contact person for this project which will continue thru December 2010. Contact [sirdouglasdockey@live.com](mailto:sirdouglasdockey@live.com) or 717-939-4190 for more information or to volunteer. Thank you for your contributions. Will keep you posted on the project's progress.

*Submitted by Douglas Dockey*

# Mindfulness Meditation Group

As daylight hours diminish and the outdoor temperature becomes cooler we enter a time of transition. This interval of transition provides opportunity for realignment...a time to step inward to cultivate non-judgmental present awareness. It is a time to awaken to our everyday lives as we discover a sense of gratitude for what is present in our here and now. What is interesting about an awareness practice is how it can lead us to an appreciation for our whole selves - the good, the bad, and the ugly. It allows us to be deeply grateful for who we are, as we are, without the need to change anything. The beauty of it all is that it is simply done one breath at a time.

Please join us in the Margaret Fuller Chapel Tuesday evenings at 7:00 pm. We meet as beginners to sit in silence and to explore through thoughtful discussion. The October 19<sup>th</sup> meditation (the third Tuesday of the month) will be observed in complete silence.

**Bhante Sujatha**, a Theravada Buddhist monk, will once again join us for an evening of discussion and meditation on **Friday, October 29<sup>th</sup> in the Sanctuary**. Please see page nine.

Please direct questions regarding MMG as well as Bhante's visit to Chuck Daley at [nmg@harrisburguu.org](mailto:nmg@harrisburguu.org).

Submitted by Jeanne Shellman

## Please Mark Your Calendars for Our Next Blood Drive:

**Sunday, November 21, 2010  
9:00 AM – 12:30 PM**

**Clover Lane campus during both services**

Stay tuned for information on signing up at church, but in the meantime, if you have a specific time at which you would like an appointment, or if you have questions concerning the donation process or donor eligibility you may contact Karen Sweer, Blood Club Chair, at [ksweer@aol.com](mailto:ksweer@aol.com) or 795-7089.

*Thanks go to UCH's first two official blood donors, Mac and Barb MacPherson*



*Submitted by Karen Sweer*

## Alcoholism/Addiction Recovery Ministry



### **YOU ARE NOT ALONE**

*I put my hand  
in yours and  
together we  
can do what  
we could  
not do alone.*

August 28-29, 2010 was an unofficial recovery weekend at UCH. On Saturday there was the Prevention and Recovery Fair (please refer to the August *REPORTER* or the AARM link on the church's website for a more detailed listing of seminars, presenters, etc.). The morning session included a presentation from UU Minister Alex Holt to representatives from area churches. In the afternoon, the fair was open to the public and was well-attended by approximately 175 visitors. Feedback was positive and many chocolates (and some healthy snacks) were consumed. To listen to recordings from the weekend, please visit the AARM page on the church website, and then click on "The Prevention & Recovery Fair."

We did hear of interest from some attendees about starting a SMART Recovery group. SMART Recovery is a volunteer organization dedicated to helping people gain independence from harmful addictions. SMART Recovery is science-based and includes a secular four-point program. Please Google "SMART Recovery" for more in-depth info and contact the AARM if you have any interest in such a group.

Quote for thought from Henry David Thoreau: "Let us spend one day as deliberately as nature, and not be thrown off the track by every nutshell and mosquito's wing that falls on the rails."

*Submitted by Maria Gregg*

## 2011 Circle Dinners

Circle dinners are a great way to get to know other church members - to enjoy good conversation with like-minded people and to enjoy a good meal. If you like "potlucks," you'll love circle dinners - everyone brings some part of the meal. Conversation is lively while people share ideas and experiences. New and old church members find new friends, learn more about old friends, and enjoy being part of the church community. Singles and couples, young and old - everyone is welcome and everyone has a good time.

There are 5 dinners - on the third Saturday of each month from January through May with 8 to 10 people at each dinner. Couples and singles are randomly assigned to different groups of 8 to 10 people for each of those months. You are the host one month and attend as a guest the rest of the Circle Dinner season. The host household usually provides the entree and the guests bring the rest. If you don't have space for 8 guests, you can arrange to have your dinner at the church, a park, or even a restaurant.

Sign up by emailing Willie Calhoun at [wil-liejim@verizon.net](mailto:wil-liejim@verizon.net). You can be a regular participant with assignments for 5 dinners or an alternate who will be called when someone is unable to attend.

To learn more see the poster and sign up sheet at church or talk to Willie and Jim Calhoun during coffee hour after services.

*Submitted by Willie Calhoun*

## Harrisburg Area Humanists

### How We Develop and Expand Our World View

Ever wonder how people develop their ideas about the world? Then join the Humanists on Wednesday, October 27, as UCH member Mary Henninger-Voss discusses how people develop and expand their world views. In *The Problem of Knowledge*, she will help us explore how we consciously and unconsciously decide how to get knowledge, and what to believe in. We will especially look at science as one answer to the problem of knowledge, and explore the benefits and limitations of that solution. Mary is a UCH member and a lecturer at Messiah College.

The session begins at 7:00 PM in the sanctuary of the Clover Lane church. More information is available on the Humanism page of the church website, or by contacting David Spear at [humanists@harrisburguu.org](mailto:humanists@harrisburguu.org) or 731-9688.

Also pick up your copy of *Ishmael*, by Daniel Quinn, which we will discuss at our meeting on November 17. This novel examines human supremacy, mythology and its effect on ethics, and how that relates to sustainability. The book is an easy read, and was a winner of the Turner Tomorrow Fellowship Award. Copies of the book are available for purchase for \$10 from David Spear.

*Submitted by David Spear*

### Bittersweet October.

The mellow, messy,  
leaf-kicking, perfect  
pause between  
the opposing miseries  
of summer and winter.

Carol Bishop Hipps

## Clover Lane Coffee House

We are pleased to present multiple musical events  
in both October and November.

### Coyote Run, October 15

Clover Lane Coffee House is pleased to present perennial favorite Coyote Run in an all-family concert at 7 PM Friday, October 15, at Clover Lane. Admission is \$10 at the door; teens \$5; children free. The event is appropriate for all ages.



### Heritage Aire, October 18

We are also pleased to welcome back the USAF Celtic band, Heritage Aire, for a special concert at 7 PM Monday, October 18, in the social hall at Market Street. This is a free concert open to the public, compliments of the U.S.A.F. The band is one of several "Heritage of America" bands that focus on preserving the music of America's various ethnic groups.



### UCH Talent, November 13

We are pleased to feature local talent for a special coffee house on Saturday, November 13, as part of the "Time and Talent" auction this fall. Entertainment will be provided by UCH members as we kick off the silent auction. SAVE THE DATE! And look for details of the final lineup with other auction news.

*Submitted by Bart Carpenter*

# The OLIVER COLLECTIVE

## Coming Soon!

Triple Treat: support art, support education, do good works. You'll get a triple treat at the upcoming showing by The OLIVER COLLECTIVE, Sundays October 17 and 24, 2010.

Anticipated creations, from over 20 artists, include: framed photography, Celtic capes, pillows, potholders, jewelry, carry-all bags, oil paintings, pottery, whimsical assemblages, needlework, shawls, ponchos, note cards, crocheted items, sculpture, handmade boxes, quilts, and hats! Head for the Common Room of UCH at Clover Lane immediately following each church service.

All proceeds directly benefit the Oliver LaGrone Scholarship Fund. Minimum contribution levels will begin at \$5. The Oliver LaGrone Scholarship is offered annually by UCH to a graduate of Harrisburg High School. The UCH program is unique in several ways. It can be used in any way that supports the LaGrone Scholar's accredited post-secondary pursuit. Each Scholar gains a mentor with related interests from the congregation. The Scholarship can be renewed over four years.

Select a gift for yourself or someone else - while encouraging artists and supporting the LaGrone Scholarship. What an enjoyable way to do so much good!

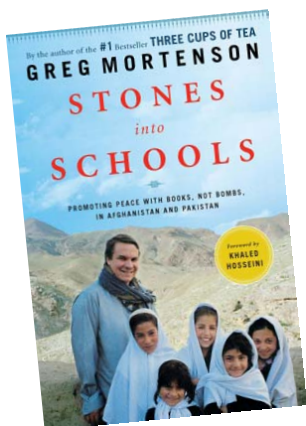
*Submitted by Cordell Affeldt*

## Philosophy & Literature Group

The Philosophy and Literature Group will meet on Sunday, October 10, at 7:30 PM, at the home of Marilyn McHenry. We will be discussing

*Stones into Schools: Promoting Peace with Books not Bombs in Pakistan and Afghanistan*, by Greg Mortenson, who is also the author of *Three Cups of Tea*. Please call Marilyn at 238-2756 if you will be attending.

*submitted by Dick Hoke*



## Helping Women in Prison and Their Families

**Nicolette Lott Mariko is Succeeding** - and she wants to help when UCH hosts the Community Connections Reentry Breakfast at Market Street on October 23!

She was at Dauphin County Prison and then Woodside Family Center in 2005-06, and remembers attending the Community Connections Reentry Breakfast at UCH.

Nicolette told me she has been working hard, and rebuilding her credit. These have paid off, to the point that she recently purchased her first home. When that purchase was the focus of a story in *The Patriot-News* entitled "Mother turns life around, buys dream house" she was quoted as saying "It was like I was in heaven."

She regularly helps at her church with the food bank and the soup kitchen. She really likes to cook, and cooks at St Patrick Cathedral each month - with her Muslim husband! She told me she likes cooking a big meal to satisfy him when he breaks his fast during Ramadan.

Nicolette just interviewed and got a job at Gaudenzia, where she will work with adolescent boys at their center on Chambers Hill road. She was told the good news at the end of the interview, so she really aced it! She is really looking forward to the new job.

I asked her to volunteer something important about her I should know, and she responded that she set short and long-term goals: "I'm very determined - that's very important." After the newspaper article she found that she "likes having people look up to me, and being a positive role model. People come up to me and say really positive things." Nicolette will soon start school at Eastern University in Addiction Studies.

### Community Connections Reentry Breakfast

UCH will host the Community Connections Reentry Breakfast at Market Street on October 23, and you can help us. Because the timing is pretty tight (we are asked to keep to a schedule), having enough help will make a big difference. Tasks needing help include:

- Cook breakfast 7:45 - 8:30 AM.
- set up tables and chairs, spreading table covers and putting out silverware and condiments before guests arrive 8:00 - 9:00 AM.
- driving to pick up guests from Promise Place and Woodside Family Center.
- staff the serving line 8:30 - 9:30 AM.
- greet arriving guests 8:30 - 9:15 AM.
- table host to welcome guests and get refills 8:30 - 10:30 AM.
- clean up and restore the room when guests depart 10:45 AM.

**GED Assistance for the PROGRAM is a reality.** Twelve UCH members have expressed interest in helping teach GED classes at the PROGRAM. We held two organizational meetings in August and will need at least one more before classes start. Classes will be held on Monday and Wednesday mornings at the PROGRAM center on Derry Street. We plan to have at least two volunteers each morning. With enough volunteers on the roster we will be able to cover all the time slots while allowing for flexibility in volunteer availability and subject area preferences. This will be a major effort as part of our Women In Prison ministry. If you would like to help out please contact Michael Mark.

*Submitted by Jim Cavanaugh & Michael Mark*

## Developing a Skillful Meditation Practice

7:00 PM ॐ Friday, October 29, 2010

*with Bhante Sujatha*

Please join us for an evening with Bhante Sujatha in the Clover Lane Sanctuary. At this time Bhante will guide us along the way toward developing a practical meditation skill set, taught by the Buddha, commonly known as “the five faculties.” Whether we choose to take up knitting, become more physically active, remain productive within our chosen professions, or come to task with quieting the mind, the cultivation of the qualities of confidence, persistent effort, mindfulness, concentration, and discernment are the key to creating an experience that is not only practical but doable.

All are welcome. Bhante’s talk is appropriate for those interested in beginning a meditation practice as well as for those who wish to deepen their existing practice.

Bhante Sujatha is a Theravada Buddhist monk originally from Sri Lanka and presently based in Woodstock, Illinois. His practical approach and down-to-earth message on how we may apply mindfulness practices to everyday life has served the South Central Pennsylvania Community well. This is his fifth visit with us and our experience is that his talks have been appreciated and well attended.

Childcare is available through reservation only by contacting the Mindfulness Meditation Group no later than October 22, 2010. Please direct any questions regarding Bhante as well as childcare requests to Chuck at 230-8829 or [mmg@harrisburguu.org](mailto:mmg@harrisburguu.org).

*Submitted by Jeanne Shellman*



You may read about Bhante and his work in the United States at <http://www.bluelotustemple.org/People.html> and his foundation to support economically disadvantaged children in Sri Lanka at <http://www.dahamsevana.org/> All donations received for the evening will be gratefully accepted to support Bhante’s work.

## QueenSpirit POTLUCK & CIRCLE

Wednesday, October 6, 2010  
6:00 to 9:00 PM

Unitarian Church of Harrisburg, Clover Lane Campus  
Common Room & Joseph Priestley Room

6:00 to 9:00 PM

- o Bring a favorite dish, dessert or beverage to share
- o Bring your place setting and serving spoons and plates
- o Bring a symbol of the practical side of womanhood, if desired

### WOMEN’S CYCLES: SHARING OUR WISDOM

Ann Stillwater and Kandy Melillo will facilitate a sharing circle about women’s cycles. In sharing circles, you may share your wisdom about the nuts and bolts and/or feelings around the different stages of being a woman. It will be OK to pass and listen as well. Activities will help us appreciate our bodies that, like Mother Earth, create miracles.

**QueenSpirit is a co-created women’s spirituality circle.**

*Submitted by Kandy Melillo*

## SAVE THE DATE

### Joseph Priestley District Leadership Days

Join JPD and CERG (Central East Regional Group) staff for a day of learning new leadership skills and networking with other congregational leaders. Professional and lay leaders, as well as current and upcoming leaders are encouraged to attend. Two opportunities are available: one in the northern part of the district and one in the southern part of the district.

**South:** October 30, 2010 - 1:30 PM to 6:30 PM  
Accotink UU Church  
10125 Lakehaven Ct, Burke, VA

**North:** November 6, 2010 - 10 AM to 4 PM  
UU Fellowship of Newark, DE  
420 Willa Rd, Newark, DE

For more information, please contact Jody Malloy, JPD Director for Lay Leadership Development at [jody@jpduua.org](mailto:jody@jpduua.org).

*Submitted by Cathy Montes*

**The Unitarian Church of Harrisburg**  
**1280 Clover Lane**  
**Harrisburg, PA 17113**

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## **Newsletter Information**

*The REPORTER* is published monthly by the Unitarian Church of Harrisburg. Paper copies are mailed when requested; contact the Church Office. Electronic versions are available online at [harrisburguu.org](http://harrisburguu.org). Della Hoke-Uvick is the Editor.

**Submissions to *The REPORTER* are due on the 10th of each month.** Please include a name and phone number in case of questions.

Submissions may be

- ♦ **Mailed to or dropped off at:** 1918 Princeton Avenue, Camp Hill, PA 17011 (by 8:00 PM);
- ♦ **emailed to:** [dellahoke@yahoo.com](mailto:dellahoke@yahoo.com). *Please note that there will be a return reply acknowledgement - if you do not receive an acknowledgement within 24 hours, please call Della!*
- ♦ **or** dropped off in *The REPORTER* mail slot at the Church by 2:00 PM;
- ♦ **Call Della at 737-9251** with questions, please, no calls after 9:00 PM.